Data status: 31 October 2022



3.1.e Obesity rate among children and adolescents

	2003 to 2006			2014 to 2017		
	total	of which:		total	of which:	
	total	female	male	total	female	male
	Proportion of	respondents, in	%			
Children (3 to 10 years)						
Underweight (< P10)	6.6	6.9	6.3	6.9	7.0	6.8
Normal weight	80.5	80.3	80.6	80.8	80.1	81.5
Overweight and obesity (> P90)	12.9	12.8	13.1	12.3	12.9	11.8
Overweight (> P90 – P97)	7.7	7.6	7.9	8.4	9.0	7.8
Obesity (> P97)	5.2	5.2	5.2	3.9	3.9	3.9
Adolescents (11 to 17 years)						
Underweight (< P10)	7.4	7.1	7.7	8.4	7.5	9.2
Normal weight	74.5	75.0	74.0	72.9	74.8	71.2
Overweight and obesity (> P90)	18.1	17.8	18.3	18.7	17.8	19.6
Overweight (> P90 – P97)	9.8	9.7	10.0	10.7	10.6	10.9
Obesity (> P97)	8.3	8.2	8.4	8.0	7.2	8.7

Reproduction and distribution, also of parts, are permitted provided that the source is mentioned.

Notes:

• Special evaluation based on data from the following Data source: Robert Koch Institute.

• Age-standardisation: Population status: 31 December 2015.

[•] For children and adolescents, the definition underweight, normal weight, overweight and obesity is not based on fixed thresholds but on percentiles.

[©] Statistisches Bundesamt (Federal Statistical Office), 2023